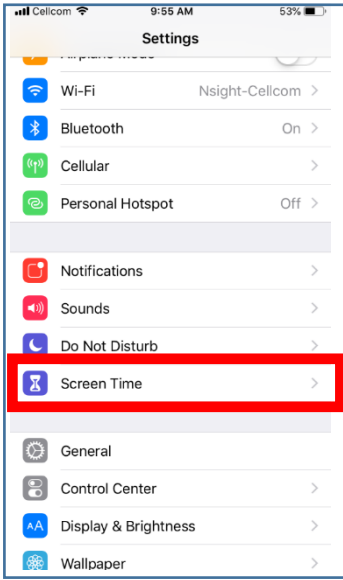
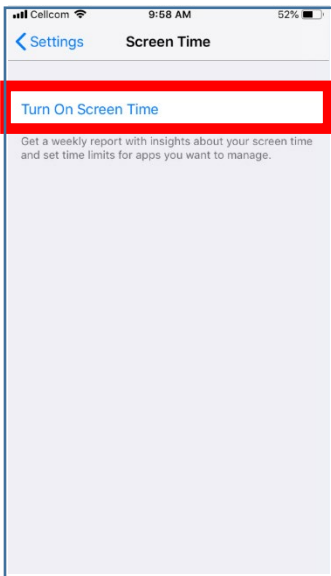


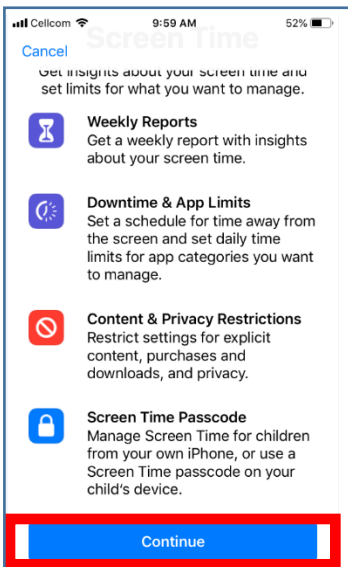
# Setting up iPhone Restrictions



1. Tap the “Settings” icon and tap on “Screen Time.”



2. Tap “Turn on Screen Time.”

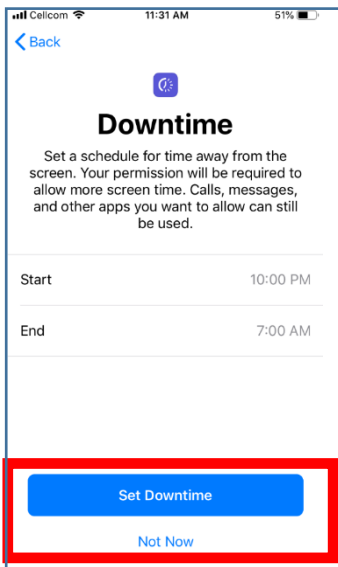


3. Tap “Continue.”

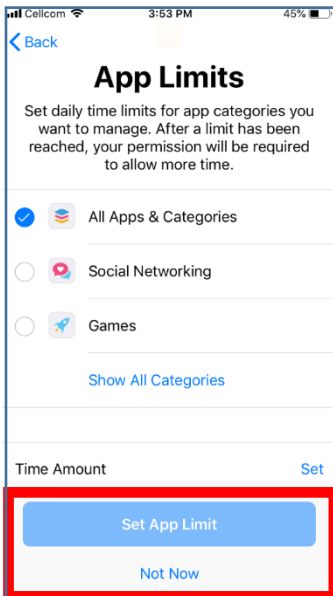
# Setting up iPhone Restrictions



4. Select either "This is My iPhone" or "This is My Child's iPhone". If you select "This is My Child's iPhone", you will be able to set up "Downtime".

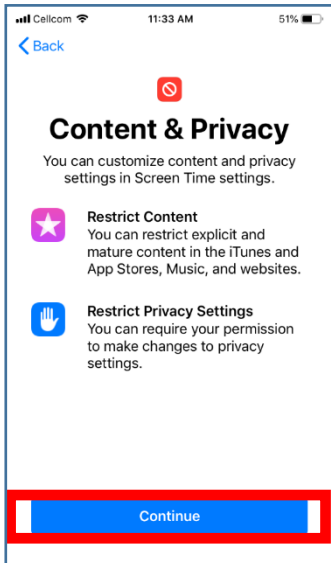


5. Set a schedule for time away from the screen by choosing a start and end time. Tap "Set Downtime" when complete or choose to set up later.

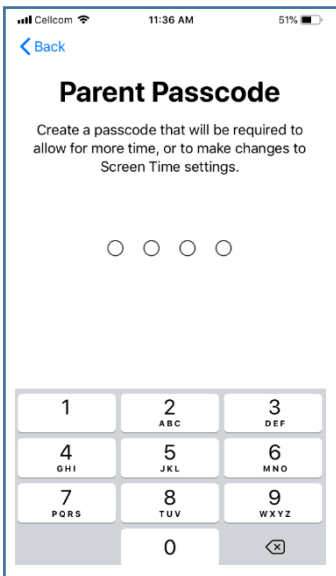


6. Select an app category you would like to set a time limit for and then set the "Time Amount". Tap "Set App Limit" when complete or choose to set up later.

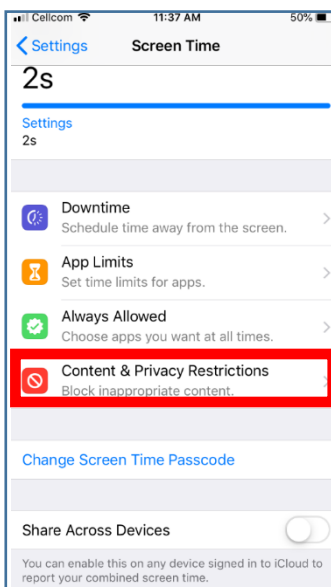
# Setting up iPhone Restrictions



7. Tap on Continue to move on to the Content

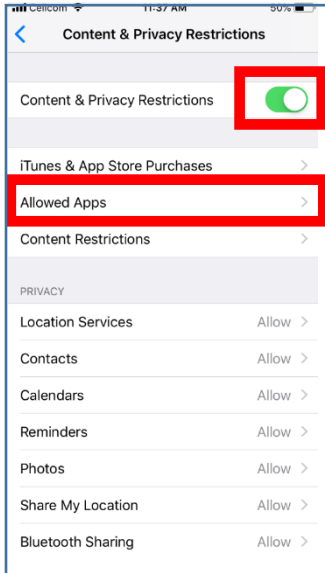


8. Create a Parent Passcode. Use this passcode to change settings for restrictions.

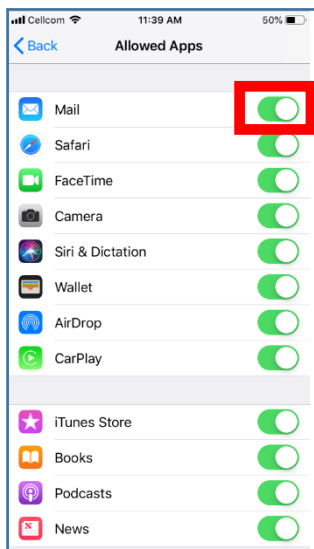


9. Tap on "Content & Privacy Restrictions"

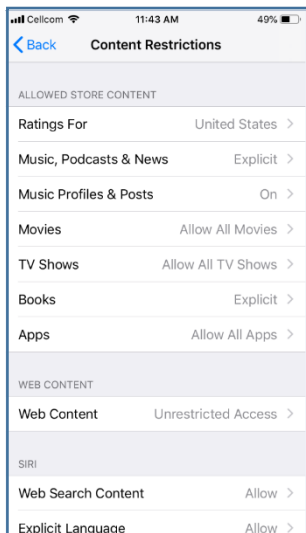
# Setting up iPhone Restrictions



10. To restrict access to any application or website, tap the green button on the right hand of "Content & Privacy Restrictions". Then tap on "Allowed Apps".

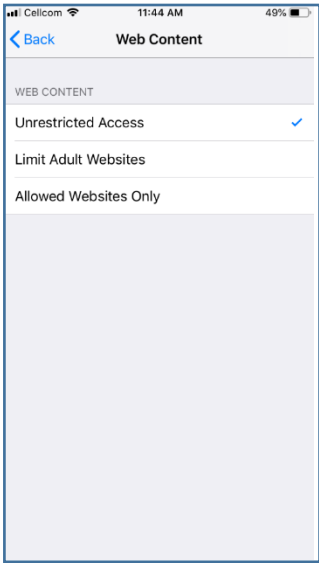


11. As a default, there are no restrictions set. To restrict access to any application displayed, tap the green button on the right hand side of the application. The button will turn gray if access is restricted.

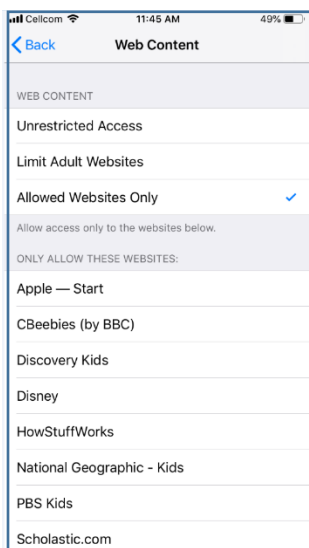
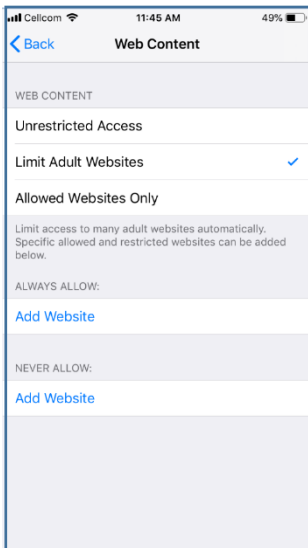


12. To set up content and rating restrictions, tap the back button and tap on "Content Restrictions". This section includes restrictions for content based on the user's age.

# Setting up iPhone Restrictions



13. For "Web Content", there are three options:
- a. Unrestricted Access
  - b. Limit Adult Websites
  - c. Allowed Websites Only



14. Tap "Limited Adult Websites" or "Allowed Websites Only" to set up restrictions for websites.
- a. "Limited Adult Websites" – Limit access to many adult websites automatically. Specific allowed and restricted websites can be added.
  - b. "Allowed Websites Only" – Allow access to only the websites that are added.